



MONTHLY SUPPORT GROUPS

Family Caregivers are encouraged to call to confirm dates, times and locations by calling **714-446-5030** or **800-543-8312** or by checking our website:

www.caregiveroc.org

Our Mission is to increase the quality of life for caregivers by helping families and communities master the challenges of caregiving.

GENERAL CAREGIVER GROUPS

Fullerton– Thrive Not Survive

2nd and 4th Wednesday of the month
10:00-11:30 a.m.
St Jude Community Services Bldg.
130 W Bastanchury Road, 92835

Irvine – Thrive Not Survive

2nd and 4th Wednesday of the month 7:00-8:30 p.m.
Kaiser Permanente Irvine Medical Center
Medical Office Bldg. 2, 5th Floor Room C1
6640 Alton Parkway, 92618

Laguna Hills – Thrive Not Survive

1st and 3rd Wednesday of the month
10:00-11:30 a.m.
Florence Sylvester Memorial Senior Center
23721 Moulton Pkwy., Laguna Hills 92653

Orange – Thrive Not Survive

1st and 3rd Tuesday of the month
7:00-8:30 p.m.
Park Plaza, 620 S. Glassell St, 92866

Cypress — Thrive Not Survive

1st & 3rd Monday
9:30 – 11:00 AM
St. Irenaeus Catholic Church
5201 Evergreen Avenue
Cypress, CA 90630

Tustin — ALS Support Group

3rd Thursday
11:00 AM – 12:30 PM
ALS Association
3002 Dow Avenue, Unit 204
Tustin, CA 92780

SPECIALIZED CAREGIVER GROUPS

Fullerton – Comestibles (Aphasia)

Every Monday 10:00-12:00 (noon)
1st Presbyterian Church, 838 N. Euclid, 92832

Newport Beach– Comestibles (Aphasia)

Every Friday 1:15-2:30
Hoag Hospital Conf. Room #7
520 Superior Avenue Newport Beach, CA 92663

Fullerton – Traumatic Brain Injury

Adult survivors and caregivers
2nd & 4th Friday of the month, 10:00-11:30 a.m.
St Jude Brain Injury Network
St Jude Community Services Building
130 W Bastanchury Road, 92835

Garden Grove – Vietnamese Group

3rd Tuesday of the month, 5:30-7:00 p.m.
Acacia Adult Day Services
11391 Acacia Pkwy, 92840

Garden Grove – Spanish Group

2nd Wednesday of the month, 3:00-4:30 p.m.
Acacia Adult Day Services
11391 Acacia Pkwy, 92840

Irvine – Huntington’s Disease Group

Breaks into 3 groups: caregivers, at-risk & individuals with Huntington’s
2nd Sunday of the month, 6:00-8:00 p.m.
Irvine Presbyterian Church
4445 Alton Parkway, 92604

Santa Ana – Spanish Group

3rd Wednesday of the month, 9:30-11:00 a.m.
Sunflower Gardens, 3730 S. Greenville St., 92704

Anaheim –Co-sponsored with the Braille

Institute For people caring for someone with visual impairments. This group is not facilitated by Caregiver Resource Center Staff. 2nd Wednesday, 4:00-5:30 p.m.
527 N Dale Ave, 92801