ST. JUDE CENTERS FOR REHABILITATION & WELLNESS is synonymous with outstanding care, offering California’s most comprehensive array of accredited outpatient programs. In areas from chronic pain to stroke recovery to orthopaedics and sports rehabilitation we provide exceptional services to help those with injuries or illness regain their quality of life.
ADVANCING REHABILITATION TO HELP YOU REACH YOUR POTENTIAL

St. Jude's Stroke and Neurological Rehabilitation Programs combines highly trained professionals with the newest therapies and technology to create the best outcomes. We specialize in providing outstanding care and service to meet the needs of individuals—of all ages—with stroke, spinal cord injury, brain injury, amputation, post-polio, vestibular and balance dysfunction, diabetic neuropathy and other medical conditions.

We are one of the few CARF (Commission on Accreditation for Rehabilitation Facilities) accredited programs in California. This distinction means our program has met CARF’s rigorous standards, and ensures that you receive the highest quality and compassionate care available.

Our team of experts include: Physical Medicine and Rehabilitation Physicians, Physical Therapists, Occupational Therapists, Speech Therapists, Rehabilitation Nurses, Social Workers and Neuropsychologists. We work together to help you achieve your personal goals and reach your maximum potential. We also offer an impressive array of therapies and services:

- Physical, Occupational and Speech Therapies
- Vestibular Rehabilitation
- Driving Program
- Robotic Assistive Therapy
- Body Weight Supported Treadmill Training
- Prosthetics and Orthotics
- Bioness and Walk-Aide FES Gait Training
- Spasticity Management
- Physical Medicine and Rehabilitation Clinics
- Wheelchair Seating and Mobility
- Peer Support
- Neuropsychology Evaluations and Counseling
- Holistic Interventions
- Home, School and Work-Site Evaluations
- Community Outings

To find out how we can help, please call (714) 578-8720.

Stroke Recovery

One American suffers a stroke every 45 seconds, making it a leading cause of serious, long-term disability. Our highly skilled staff helps individuals recover their strength and regain their lives after experiencing a stroke or other neurological impairment.

We offer the combined expertise of many specialties, all working together toward one goal: our patient’s success. Traditional therapies play a crucial role in recovery, as well as the latest sophisticated technologies, and we have both. We also provide specialized services designed to rebuild each patient’s confidence and skills, including: an innovative driving program, peer support, communication recovery groups, community outings, and more.

Brain Injury Program

By combining the talents of a well-respected team of experts, we offer today’s most effective therapies. The result is improved outcomes for patients of all ages.

Our Cognitive Recovery Center includes activities to recover memory, problem-solving skills and critical thinking abilities. Trips to museums, shopping centers and other public places give patients the opportunity to practice life skills. We also help patients relearn the skills essential for day-to-day living. Grocery shopping, management of time and finances and appropriate social interaction are some of the areas of focus. The program is designed to monitor progress toward goals, and to build self-awareness, confidence, skills and compensation strategies at home and in the community.

Spinal Cord Injury Program

Considered one of the state’s most qualified spinal cord injury programs, we offer exceptional expertise in helping patients successfully return to the joys of everyday life.

Our experienced, multidisciplinary team specializes in managing the medical and psychosocial issues associated with spinal cord injuries. Our goal is to help the individual reach their highest potential.

Counseling, support and education—for patients and families alike—help ensure progress and healing that is not only physical, but emotional and spiritual as well.

RECOVERY IS A LIFELONG PROCESS

An important part of recovery is taking that “next step”—transitioning to the community after formal therapy. A unique part of our services include the following re-entry programs for the disabled:

- Community Exercise Programs
- Communication Recovery Program
- Tai Chi
- Saebo® Splinting Program
- Ongoing Stroke Education Classes

To hope, to believe, to achieve
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